



Deen Dayal Upadhyaya College

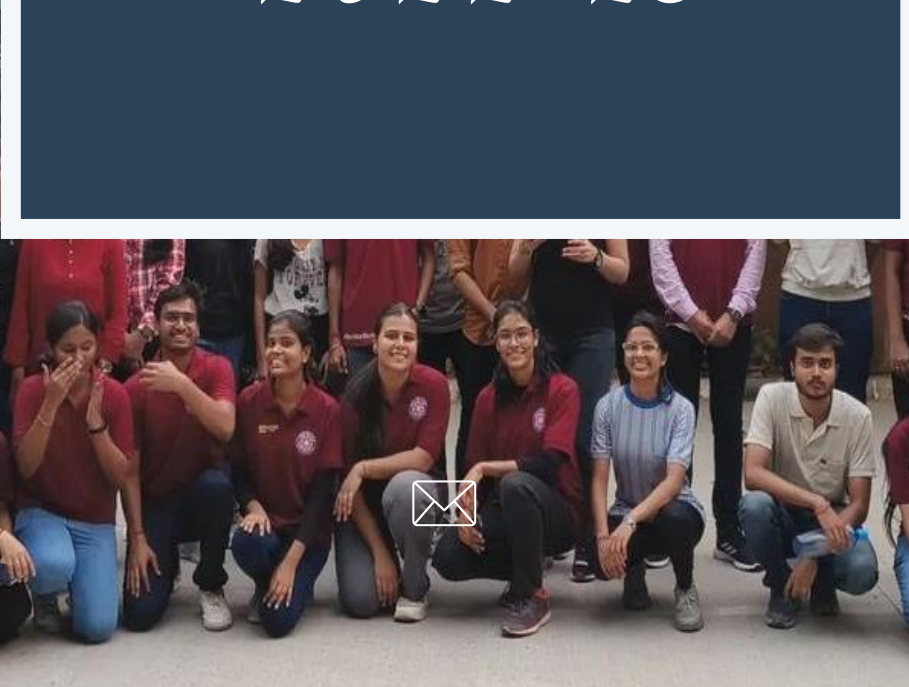
University of Delhi



**National
Service
Scheme**

Annual Report

2022-23



NATIONAL SERVICE SCHEME DEEN DAYAL UPADHYAYA COLLEGE



#NOTMEBUTYOU



INTRODUCTION

The National Service Scheme (NSS) is a flagship program of the Government of India that aims to inculcate the spirit of community service and social responsibility among the youth of the nation. NSS, which was launched in 1969, has since been instrumental in nurturing a generation of socially conscious and engaged citizens.

This report provides an overview of the activities and achievements of the NSS unit at Deen Dayal Upadhyaya College (DDUC) for the year 2022-23.



Project समवेदना
Animal feeding program



Project शक्ति
For betterment
of our women



Project पंख
Will provide wings of education under
government's initiative of each one, teach one.



Project छोटी शुरुआत
A step towards
sustainable lifestyle

Our Initiatives/Projects:



Project Care
For mental well being



Project कौशल
Learn skills to earn from
skills



Project पोषण
To educate and aware
people about proper diet
of nutrition

NSS DDUC, COUNCIL - 2022-23



***EVENTS AND
ACTIVITIES –
2022-23***

Raksha Bandhan

On the joyous occasion of Raksha Bandhan, NSS DDUC organized a series of activities to celebrate the essence of sibling love and strengthen the bonds of unity. The event comprised two online activities and an offline program with slum children

- SNEH - Online Writing Competition:
 - Theme: Best Sibling Story
 - Captured Swadeshi

Theme-Based Photography Competition:

- Theme: Vocal for Local (Rakshabandhan

Additionally, we conducted an offline event,

Date: 09.08.2022

Venue- J.J Colony

"RAKSHASUTRA," where volunteers spent a day making rakhis with slum children.

The online activities received enthusiastic participation, and the offline event brought joy to the children. This celebration strengthened the bonds of unity and love within the community.

"स्नेह"

AN ONLINE WRITING COMPETITION
THEME: BEST SIBLING STORY

Instructions:

Participant has to submit one content on the given theme. Each entry should be an original, either in English or Hindi. The word limit is between 100-120 words, including 10 minutes. The submission format should be either in 'pdf' form or in 'word' form. The name should be your name only. Plagiarism and imitation will not be allowed. Deadline: 11 August, 2022. Best 3 Entries Will be featured on our social media handles and will get certificate.



SCAN THIS TO
REGISTER

Dr. Hem Chand Jain
(Principal)

Dr. Rajkumari Sanayaima
(Programme Officer)

Sharad- 7830780116
Priya Jha - 7531858

"CAPTURED SWADESHI"

A THEME BASED PHOTOGRAPHY COMPETITIONS
THEME: VOCAL FOR LOCAL (RAKSHABANDHAN)

Instructions:

- Only 1 photograph can be submitted
- Jpeg / Png format supported only
- A short caption upto 50 words
- Plagiarism and imitation not allowed
- Basic editing permitted (Cropping, exposure, brightness etc.)
- Watermarks are not allowed
- Last date of submission 11 August, 2022
- Best 3 entries will get certificate



SCAN THIS TO
SUBMIT ENTRIES

Dr. Hem Chand Jain
(Principal)

Dr. Rajkumari Sanayaima
(Programme Officer)

Sharad- 7830780116
Shivam- 9179367507

"RAKSHASUTRA"

A DAY OF RAKHI MAKING WITH SLUM CHILDREN

Instructions:

Bring Rakhi making material

9th August, 2022

JJ Colony near Deen Dayal Upadhyaya
College, University of Delhi



SCAN THIS TO
REGISTER

Dr. Hem Chand Jain
(Principal)

Dr. Rajkumari Sanayaima
(Programme Officer)

Sharad- 7830780116
Parmita- 9213530



NSS Rally North Campus

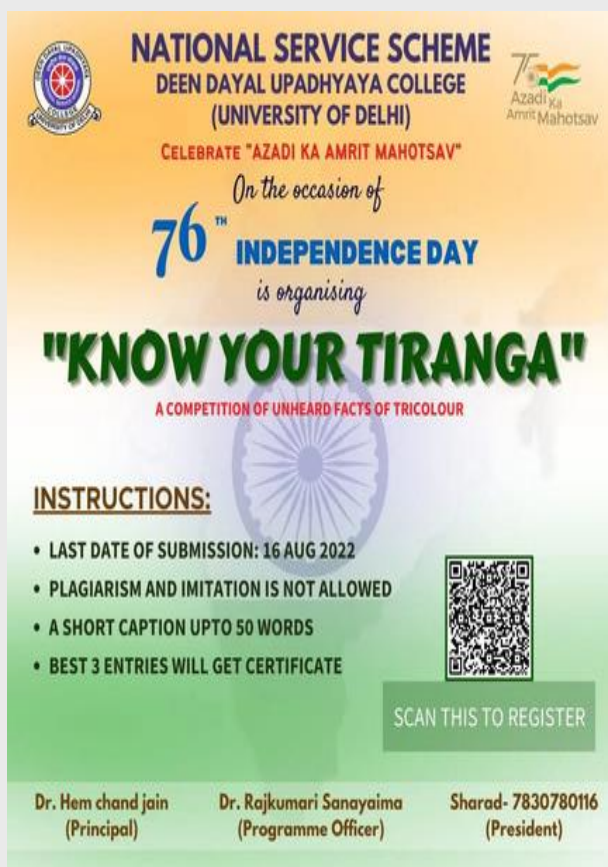


The NSS unit of our institution enthusiastically participated in the "Har Ghar Tiranga Rally" on August 10, 2022, held in North Campus.

The active participation of our NSS unit exemplified our commitment to community service and fostering a sense of pride in our national heritage.

Independence day

As part of our celebration of Aazadi Ka Amrit Mahotsav, NSS at Deen Dayal Upadhyaya College organized two online activities - "Know Your Tiranga" and "Moments with Tiranga."



NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

CELEBRATE "AZADI KA AMRIT MAHOTSAV"

On the occasion of
76TH INDEPENDENCE DAY
is organising

"KNOW YOUR TIRANGA"
A COMPETITION OF UNHEARD FACTS OF TRICOLOUR

INSTRUCTIONS:

- LAST DATE OF SUBMISSION: 16 AUG 2022
- PLAGIARISM AND IMITATION IS NOT ALLOWED
- A SHORT CAPTION UPTO 50 WORDS
- BEST 3 ENTRIES WILL GET CERTIFICATE

SCAN THIS TO REGISTER

Dr. Hem chand jain (Principal) Dr. Rajkumari Sanayaima (Programme Officer) Sharad- 7830780116 (President)



NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

CELEBRATE "AZADI KA AMRIT MAHOTSAV"

On the occasion of
76TH INDEPENDENCE DAY
is organising

"MOMENTS WITH TIRANGA"
A COMPETITION OF REMEMBERING EXCEPTIONAL MOMENT OF PRIDE WITH TIRANGA

INSTRUCTIONS:

- PARTICIPANTS HAS TO SUBMIT ONE PICTURE WITH CONTENT ON THE GIVEN TOPIC.
- LAST DATE OF SUBMISSION: 16 AUGUST 2022
- PLAGIARISM AND IMITATION WILL NOT BE ALLOWED
- A SHORT CAPTION UPTO 50 WORDS
- BEST 3 ENTRIES WILL GET CERTIFICATE

SCAN THIS TO REGISTER

Dr. Hem chand jain (Principal) Dr. Rajkumari Sanayaima (Programme Officer) Sharad- 7830780116 (President)

Volunteers from NATIONAL SERVICE SCHEME OF DEEN DAYAL UPADHAYAYA COLLEGE distributed 101 Flags in accordance with Azaadi ka Amrit Mahotsav and HARGARH TIRANGA at the J.J. colony phase 3, matiyala dwarka text



New Delhi, Delhi, India

141. Mativala, J.J. Colony Phase 3, Block E, Dwarka, New Delhi, Delhi



NSS recruitment



On September 2nd, we took a step towards expanding our reach and impact as we welcomed new volunteers into our fold. The recruitment drive aimed to strengthen our team, enhance our community engagement, and increase our capacity for social service

Nutrition Week



National Nutrition Week's Objective:

- To create awareness about the importance of Nutrition.
- It also aims towards motivating people to ensure a balanced diet for a healthy lifestyle.



Every year, India celebrates National Nutrition Week from September 1st to 7th to raise awareness about the crucial role of nutrition in maintaining good health. This year's theme, "Celebrate a World of Flavors," emphasizes the importance of diverse and nutritious diets.

In line with the objective of promoting nutritional awareness, the National Service Scheme (NSS) at Deen Dayal Upadhyaya College has taken the initiative to provide essential information about nutrition and its sources. Through informative sessions and engaging activities, we aim to educate and inspire our community about the significance of a balanced diet.



This year's National Nutrition week theme-
"Celebrate a World of Flavors".

The main idea of the theme is to encourage people to have a healthy lifestyle while enjoying the flavors of food.

Food is used to commemorate holidays, rituals, and family meeting throughout the world. It also connects to our history.

NSS Day



24 September is celebrated as National Service Scheme Day and To mark this auspicious occasion National Service Scheme, Deen Dayal Upadhyaya College had conducted a Nss Pledge to mark dedication and service to the society.



Perception - PPT competition

"National Service Scheme unit" and "Vivekanand Study Circle" of Deen Dayal Upadhyaya College organised a powerpoint presentation competition on International Day of awareness of food waste and loss where our volunteers and other students gathered together and shared many productive thoughts on the crucial topic. Overall it was successful event where around 50 volunteers showed active participation.



National Level Camp

Divyansh, a very sincere core member of NSS, DDUC went for the national level camp organised by the Ministry of Youth Affairs And Sports. There were many activities held and the days were full of exposure and adventurous activities like rock climbing, wall climbing, rappelling, river crossing, tent pitching and so on.

Ministry of Youth Affairs & Sports, Govt. of India organised a 10 day National Adventure camp from 12/09/2022 to 21/09/2022 for NSS volunteers. There were Volunteers from four different universities representing different states namely Delhi, Haryana, Rajasthan and Jammu & Kashmir. A Team of 20 NSS volunteers were selected from Delhi University for the National Adventure camp at Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh. The entire tour was headed by Dr. Sanjib Kumar Baishya, Programme officer of Zakir Husain Delhi College (Evening) and Dr. Ritu Rani, Programme officer of Daulat Ram college.

NATIONAL SERVICE SCHEME

DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)



**DIVYANSH from NSS, DDUC
has volunteered to participate in the
NATIONAL LEVEL CAMP**



Cleanliness Drive



NATIONAL SERVICE SCHEME UNIT
OF DEEN DAYAL UPADHYAYA
COLLEGE, UNIVERSITY OF DELHI
conducted a cleanliness drive where 30
volunteers actively participated and
collected 30 bags of garbage with the moto
of one volunteer one garbage bag in order
to clear the area around college.

Cloth Distribution Drive



On the occasion of Diwali, National Service Scheme of Deen Dayal Upadhyaya College, University of Delhi organized a Cloth Distribution Drive in which around 20 volunteers actively participated and showed their enthusiasm towards the needy section of the society. It gave us immense pleasure to put up a smile on the innocent faces on the occasion of Diwali.

National Unity Day

NSS,DDUC organized 'Pledge Taking Ceremony' and 'Run for Unity' to strengthen the unity, integrity and the dedication of our volunteers. 30 volunteers took part and did walk and pledge together.



National Education Day

On the occasion of National Education Day, NATIONAL SERVICE SCHEME UNIT OF DEEN DAYAL UPADHYAYA COLLEGE , UNIVERSITY OF DELHI organised a stationary distribution drive to the needy children of J.J Colony, Phase 3 , Dwarka sector 3 in order to provide the necessary stationary that can help them in their studies. Nearly 25 volunteers actively participated and distributed stationary and give a beautiful smile on their faces.



New Delhi, Delhi, India

63, J.J. Colony Phase 3, Block E, Matiala, New Delhi,

110059, India

Lat 28.6074°

Long 77.042943°

11/11/22 02:27 PM GMT +05:30



College Orientation

On November 22, 2022, the National Service Scheme (NSS) Unit of Deen Dayal Upadhyaya College, University of Delhi, successfully hosted its orientation program, DEEKSHARAMBH. This event aimed to provide attendees with an understanding of the NSS Unit's core values and the various opportunities it offers.

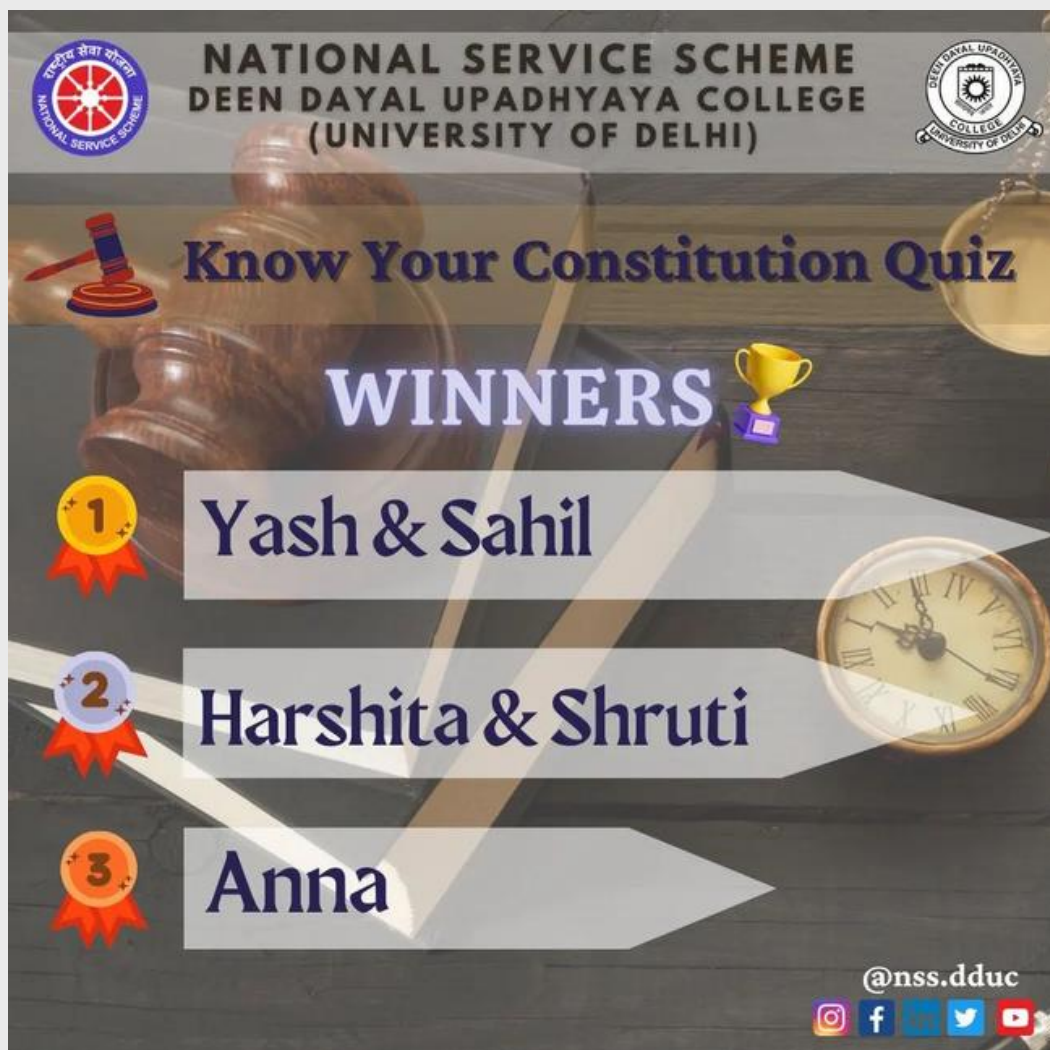


Constitution Day Quiz

On November 26, 2022, in commemoration of Constitution Day, NSS DDUC organized an online quiz titled "Know Your Constitution." The quiz attracted participants eager to test their knowledge of India's Constitution.

Results:

- First Rank: Yash Sehrawat and Sahil Ahmed
- Second Rank: Harshita Gurung and Shruti Sharma
- Third Rank: Anna Dominic



Preamble Recital Ceremony

On Constitution Day, November 26, 2021, the National Service Scheme (NSS) unit of Deen Dayal Upadhyaya College organized a Preamble Recital Ceremony. This event aimed to commemorate and celebrate the values enshrined in the Indian Constitution.

Details:

- Date: November 26, 2022
- Time: 10 AM Onwards
- Venue: Conducted via Google Meet

The ceremony brought together participants virtually through Google Meet^{Co}_n, where they collectively recited the preamble of the Indian Constitution.

Organ Donation Drive

National Service Scheme of Deen Dayal Upadhyaya in collaboration with synapses, the Zoological society of Deen Dayal Upadhyaya College organised a poster making competition on a theme Organ Donation. There were 20 Volunteers Of NSS and many students of college who actively participated in the event.

Moreover there was organ donation drive held in the college campus to spread awareness about importance of organ donation. Banners and slogans were raised during the entire drive.



Vijay Diwas

The National Service Scheme unit of Deen Dayal Upadhyaya College celebrated Vijay Diwas

Event Details:-

- Date: 16-12-2022
- Time- 1:30 PM Onwards
- Venue- Room 509

with the movie screening of "Airlift". The movie screening had 35+ enthusiastic participants from various courses. The event was a success with patriotism filling hearts and souls.



Republic Day

The National Service Scheme unit of Deen Dayal Upadhyaya College organised DESHPREM on the occasion of REPUBLIC DAY wherein our volunteers performed many cultural performances like dance, singing and poem recitation.

On this auspicious day Shaurya Chakra Awarded Retd. Major Pawan Choudhary was our chief guest along with some children from helping Hut ngo. Also our principal Dr. Hem Chand Jain , Dr. S.N. Tripathi, Dr. Pramod Kumar and Dr. Sandeep encouraged the volunteers with their valuable presence.

In all more then 60 volunteers actively participated for this event and it turned out to be an immensely successful event.



PRE-REPUBLIC DAY CAMP



Pre – Republic Day Camp (Pre-RD Camp) is organized prior to Republic Day Camp in order to select NSS Volunteers who are best in Parade and cultural activities. There are 5 Pre- RD Camps organized throughout the country.

- 1) East Zone
- 2) West Zone
- 3) North Zone
- 4) South Zone
- 5) Central Zone

In Pre- RD Camp 200 NSS volunteers are selected for participation in the RD Parade Camp along with 15 Programme Officers. The duration of the Pre RD Camp is 10 days. They are organized from last week of September to 1st week of December.

Divyansh, a very sincere core member of NSS, DDUC who qualified the university level selection and state level selection of Pre RDC and was the first ever volunteer from our college who not represented NSS DDUC but also NSS DELHI at north zone.

The camp was held in Lovely Professional University, Punjab and it was held from 25th November to 5th December.

Punarprayoga - Upcycling Event



Upcycling Event - "पुनर्प्रयोग" by NSS DDUC in
Collaboration with Bhumi

Date: February 21, 2022, Time: 9:30 AM Onwards ,
Venue: Room 509

National Service Scheme (NSS) Deen Dayal Upadhyaya College, in collaboration with Bhumi, a youth volunteer non-profit organization, successfully organized an upcycling event, "पुनर्प्रयोग," as part of Bhumi's Upcycling Month. This event took place on February 21, 2022 and aimed to raise awareness about the environmental benefits of upcycling.

Sanitary Napkin Distribution Drive

National Service Scheme of Deen Dayal Upadhyaya College organised sanitary napkin distribution drive under the Project: Shakti.

The main objective of this drive was:

- 📌 To increase awareness among adolescent girls on Menstrual Hygiene.
- 📌 To increase access to and use of high quality sanitary napkins to adolescent girls in rural areas.
- 📌 To ensure safe disposal of Sanitary Napkins in an environmentally friendly manner.

Nearly 30 volunteers turned up for this event in making it a successful one.



Cultural Event

National Service Scheme of Deen Dayal Upadhyaya College in collaboration with Ek Bharat Shreshta Bharat has organised its cultural event "AIKYAM". In this cultural event people belonging from different states showcased their rich culture and heritage through dance, singing and narration.

In this event about 40+ volunteers took part and lead to a successful one. All the participants set the stage on fire with their infectious energy and enthusiasm. The winners of the event were given to the following state representative:

1st position- Kerala
2nd position- Tamil Nadu
3rd position- Manipur.



Eyecare Camp

Eyecare is an important part of life at any age. Today we are facing a lot of issues related to vision and eyesight.

Keeping this in mind, the NSS unit of DDUC in collaboration with “Centre For Sight” organized an EYE CHECK UP CAMP. Many students, staff and non-staff of DDUC had their eyes checked and were given proper advice related to the prevention and treatment. Around 222 students, workers & faculty of DDUC have attended the camp and for benefitted. The event was successful and appreciated by everyone.



WALKATHON with NBC



NSS DDU College Annual Fest - Pehal

The National Service Scheme (NSS) unit at DDU College hosted its much-awaited annual fest, "Pehal," on May 2 and 3, 2022. This two-day extravaganza proved to be an enormous success, captivating the hearts and minds of all those who attended. Pehal, true to its name, marked a significant beginning for yet another exciting year of events and initiatives by the NSS DDU College unit.

Day 1 Highlights - May 2, 2022:

The first day of Pehal was filled with a diverse range of activities and programs designed to engage participants, spread awareness, and foster a sense of camaraderie among attendees.

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

in collaboration with
Breakthrough
Act. End violence against women.

under
PEHAL'23
presents
"दखल दो"
"A talk session related to violence against women"

Date: 2nd May, 2023
Room: 509
Time: 10 am onwards

Dr. Hemchand Jain (Officiating Principal)
Dr. Rajkumari Sanayaima (Programme Officer)
Dr. Sachidanand Tripathi (NSS DDUC)
Sharad Sharma 7830780116 (President)
Gazal Balwani 9310178082 (Vice President)

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

under the aegis of
PEHAL'23
presents
Artistry Alive
(Anime themed Poster making Competition)

2nd May 2023, Tuesday
1:30 PM onwards
Room no. 612

Exciting cash prizes upto Rs 3k

Scan to Register

Dr. Hemchand Jain (Officiating Principal)
Dr. Rajkumari Sanayaima (Programme Officer)
Dr. Sachidanand Tripathi (NSS DDUC)
Sharad Sharma 7830780116 (President)
Nancy Dhakad 9098567524 (Event Head)

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

in collaboration with
Robin Hood Army

under
PEHAL'23
organizes
'AAHAAR'
A TALK SESSION ON FOOD CONSERVATION

2nd May, 2023
11 AM - 12 PM
Room No. 509

Don't waste food.. Someone is sleeping on an empty stomach.

Dr. Hemchand Jain (Officiating Principal)
Dr. Rajkumari Sanayaima (Programme Officer)
Dr. Sachidanand Tripathi (NSS DDUC)
Sharad Sharma 7830780116 (President)
Gazal Balwani 9310178082 (Vice President)

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

Pehal '23
PRESENTS
QUIZ-RIZZ

PRIZE MONEY WORTH
2500

Date: 2 May 2023
Time: 2:30PM
Venue: Room 609

Open for students of all universities and colleges.

Dr. Hemchand Jain (Officiating Principal)
Dr. SN Tripathi (Convener)
Sharad Sharma (President) 7830780116
Dr. Rajkumari Sanayaima (Programme Officer)
Siya Dhyani (Event Head) 9582188770

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

UNDER THE AEGIS OF ITS ANNUAL FEST
PEHAL '23
GOONJ
2nd MAY
1:30 P.M. - 2:30 P.M.
ROOM NO. 609
OPEN MIC

Time Limit: 2-3 minutes

@nss.dduc

EXCITING CASH PRIZES WORTH ₹3000!

-SINGING
-STAND UP COMEDY
-POETRY
-STORY TELLING

EVENT HEAD: Shambhavi Singh 8890924610
EVENT CO-HEAD: Palak Dwivedi 9873595544

Dr. Hemchand Jain (Officiating Principal)
Dr. Rajkumari Sanayaima (Programme Officer)
Dr. Sachidanand Tripathi (NSS DDUC)
Sharad Sharma 7830780116 (President)
Gazal Balwani 9310178082 (Vice President)

NATIONAL SERVICE SCHEME
DEEN DAYAL UPADHYAYA COLLEGE
(UNIVERSITY OF DELHI)

UNDER THE AEGIS OF ITS ANNUAL FEST
PEHAL '23
presents
MINI GAMES

COMPATIBILITY TEST
HOOK STEP CHALLENGE
BLIND DRAWING
BALLOON GAME
MUSICAL CHAIR
TEST YOUR INTUITION
CUP STACK GAME

DETAILS AS FOLLOWS:
MAY 02, 2023
10AM ONWARDS
6TH FLOOR, WAITING AREA

@nss.dduc

Dr. Hemchand Jain (Officiating Principal)
Dr. Rajkumari Sanayaima (Programme Officer)
Dr. Sachidanand Tripathi (NSS DDUC)
Sharad Sharma 7830780116 (President)
Gazal Balwani 9310178082 (Vice President)

The Quiz Competition (QUIZ-RIZZ)



ANIME POSTER MAKING COMPETITION (ARTISTRY ALIVE)



The open mic event (GOONJ)



Best out of waste (WASTE TO WONDER)



SEMINAR 1 FOOD CONSERVATION BY ROBIN HOOD ARMY



The grand success of the first day was evident in the enthusiasm and smiles on the faces of all those who participated

Pehal Day 2 - Celebration with Slum Children at College

Date: May 3, 2022

The second day of Pehal, the annual fest organized by NSS DDU College, was a heartwarming and joyous celebration filled with compassion and love. On May 3, 2022, the college campus came alive with the laughter and smiles of slum children, who were invited to be a part of this special day.



Yoga Day

The International Yoga Day event was organized by the NSS (National Service Scheme) unit in collaboration with the Student Service Center at Deen Dayal Upadhyaya College. The event took place at the college premises and aimed to promote the practice of yoga among students and create awareness about its physical and mental health benefits

.A one-hour yoga session was conducted by a qualified yogacharya Swati Jha. Approximately 40 people actively participated in the session. The yoga session included a series of asanas (postures) and pranayama (breathing exercises) to improve flexibility, strength, and relaxation. The instructor provided step-by-step guidance, ensuring proper alignment and safety throughout the session.

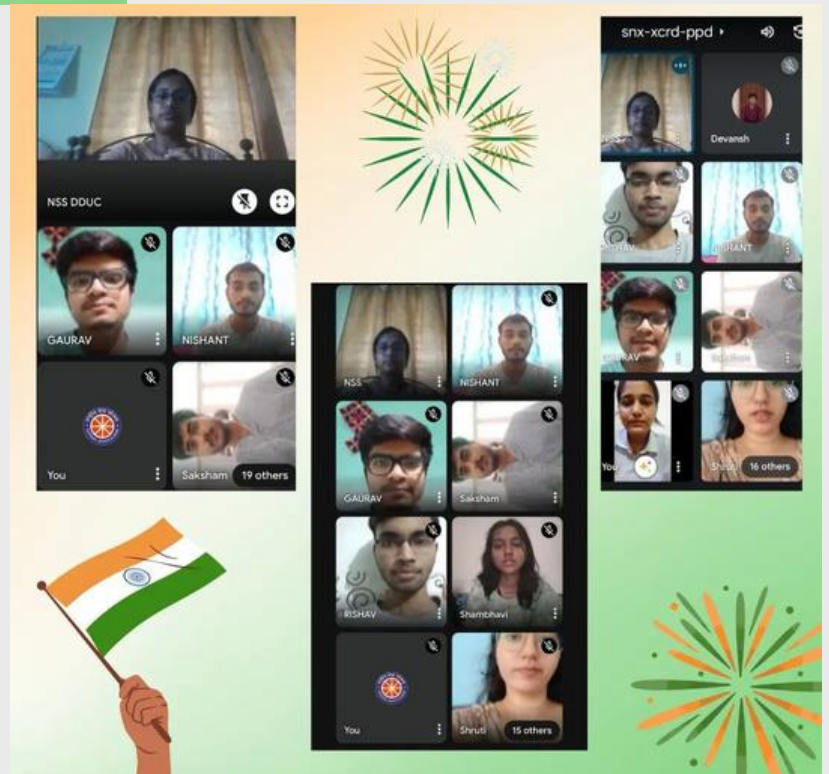
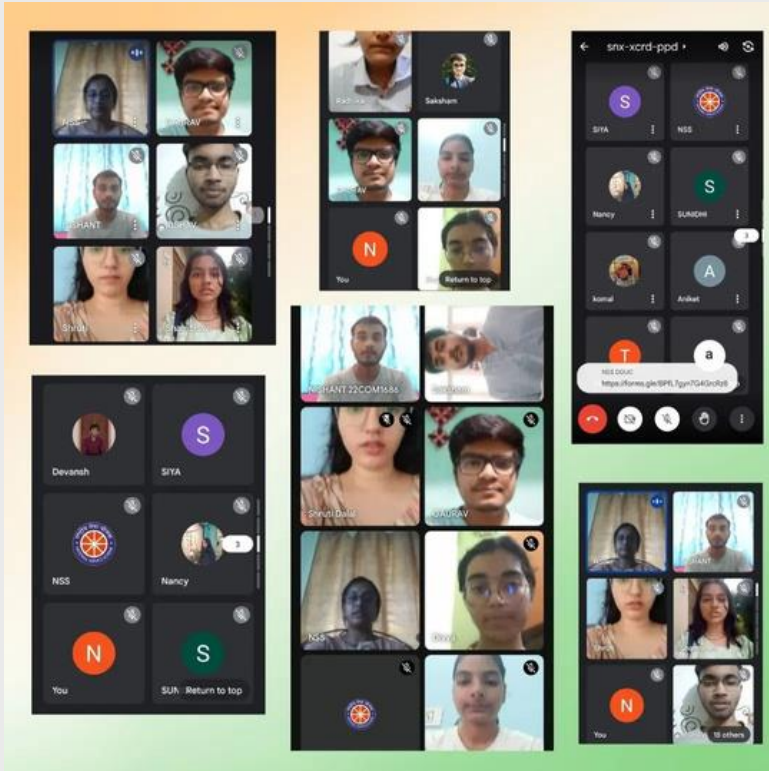
The event successfully created awareness about the physical and mental benefits of yoga.



Independence Day

On 15th August, 2023, on the occasion of the 77th Independence day, 25+ volunteers from NSS Unit of Deen Dayal Upadhyaya College, University of Delhi, joined the Google meet to pledge for the nation. This included students from different course streams and council members.

The members took the Panch Pran pledge with mitti in their hands, under the Har Ghar Tiranga moto and India First, Always First theme in accordance with the 77 years of freedom and Independence. The pledge was taken both in Hindi and English. All the members with zeal and patriotism joined together to pledge for making india developed and self reliant by 2047 and to remove any trace of colonial mindset and celebrate our heritage. Further, they pledged to strengthen unity and respect those who protect the country and perform the duties of a citizen.



NSS DDUC collaborated with ABHIVYAKTI The Department of social sciences and Humanities of Deen Dayal Upadhyaya College, University of Delhi.

IPS Shri Sanjay Singh who is currently special commissioner under Delhi Police, was invited for a special lecture on the topic of The relevance of History as a subject of governance in contemporary times. The special lecture took place under the presence of the convenor and co-convenor of the program Prof Dr. Radha Madhav Bhardwaj and Mr. Vikas Singh respectively.

The lecture was attended by 100 students. Apart from the assigned topics talks happened on women's safety, administration, ethical and moral values, and the right conduct a citizen must follow. With the conclusion note of Prof Radha Madhav Bhardwaj, the lecture reached an end.



Our Social Media Handles

Do Follow us for fresh updates



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Deen Dayal Upadhyaya College**



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DDUC(DU)**



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DDUC**